



# THE CONNECTION

Keeping You Connected with the Capitol City Church Family!

A Quarterly Newsletter published by the Capitol City Seventh-day Adventist Church

Vo1. 1, Issue 3 — Fall 2015

## HOMECOMING 2015

### Come celebrate the rich history of the Capitol City SDA Church from 33rd Street to Lemon Hill Avenue!

Submitted by the Reconnecting Members Ministry – Homecoming Committee

By Beverly (Duff) McGhee, Editor

The Reconnecting Members Ministry and the Homecoming Committee has been working tirelessly to plan for the upcoming Homecoming Weekend September 25-27, 2015. A schedule of events can be found on page 3.

We are all looking forward to welcoming back members we have not seen for some time. On Friday night, there will be a special “Throwback Worship” service by Pastor Damian Chandler, Senior Pastor, which will be held at the old church site located at 2828 33rd Street in Oak Park.

From the early 1900s to 1960s, Oak Park was a culturally thriving and economically vibrant, destination neighborhood. It had a strong sense of community and was family oriented, which was reflected in the early members and families of the Capitol City Seventh-day Adventist Church, which was started by tent effort with evangelist Elder Byron Spears. Pastor William Penick was the first ordained pastor at the 33rd Street church, followed by Elder Gerald Wells and Elder Warren Neal. Under Elder Neal’s leadership, he and the members of Capitol City church family raised funds,

*“Homecoming is all about family. Over the course of this church’s history so many people have called this place their church home. Some were born here, blessed here. Others married here. This is an opportunity for us to gather our entire family together and celebrate what God is doing in our lives.” – Pastor Damian Chandler*



Back Row (left to right): William Jr., Sis. Florence Penick, Pastor William Penick Sr., Floyd, Carolyn, and (bottom) Gerald Penick. Both William Jr. and Gerald became pastors.



broke ground and began building the new church at 6701 Lemon Hill Avenue. For more church history, visit our website at <http://capitolcitysda.adventistfaith.org/ourhistory>.

The church has grown over the years by adding to its membership and creating a solid foundation of both old and new members. We continue to add to the church family daily. Praise the Lord!



Capitol City - 33rd Street



Capitol City - 33rd Street 2011



Capitol City - Lemon Hill Ave. 2015

# CAPITOL CITY SDA CHURCH

PRESENTS...

## HOMECOMING

"A Family Affair"

SEPT  
25-27  
2015

WELCOME HOME!



**FRIDAY 7:00PM  
THROWBACK WORSHIP**  
SPEAKER:  
Pastor Damian Chandler  
Senior Pastor  
LOCATION:  
2828 33rd Street  
Sacramento



**SATURDAY 11:00AM  
DIVINE WORSHIP**

SPEAKER:  
Pastor Lola Moore  
Nashville, TN



**SATURDAY 7:00PM  
SOCIAL**

FOOD | FUN  
FELLOWSHIP



**SUNDAY 11:00AM  
CHURCH PICNIC**

LOCATION:  
William Land Park  
3800 South Land  
Park Drive

**Damian Chandler, Senior Pastor**  
Capitol City SDA Church

6701 Lemon Hill Ave, Sacramento, CA 95824 | Phone: (916) 381-5353

## HOME-COM-ING: an instance of returning home.

Submitted By Dorothea Simmons for Reconnecting Members Ministry - Homecoming Planning Committee

Annual homecomings have a long tradition among African-American church congregations and families. Depending on the congregation, homecomings may have one or more of several purposes: commemorating a church's anniversary or Founder's Day, honoring its deceased, celebrating its members and encouraging those who have moved away to return for a reunion. Homecomings tend to

be scheduled from Memorial Day on through the autumn, when the weather is pleasant for outdoor events.

Some homecomings have been held on the weekend of Memorial Day, which originated in 1868 as Decoration Day to honor American Civil War veterans and to decorate the graves of those who died in that war. Other home-

comings have occurred during the spring and summer months when flowers were plentiful for decorating the graves. Summer also was a good time to have "dinner-on-the-ground," a picnic after a church service.

No specific date marks the beginning of church homecomings; individual churches set their own schedules for such events. Sometimes

# It's time for Capitol City SDA Homecoming: A Family Affair

Submitted By Reconnecting Members Ministry - Homecoming Planning Committee

Please join the Capitol City Church Family on September 25-27, 2015 in welcoming home former members and commemorating the 1950's spring evangelism effort and the founding of the first Capitol City SDA Church.

## SCHEDULE OF EVENTS

### FRIDAY, September 25th

#### THROWBACK WORSHIP SERVICE

7:00 - 8:30

Speaker: Senior Pastor Damian Chandler

Location: St. Jude Christian Tabernacle  
2828 33rd Street, Sacramento, CA 95817  
FORMER HOME OF CAPITOL CITY SDA CHURCH

**Wear Your Best 1950's Attire!**

### SABBATH, September 26th

Location: Capitol City SDA Church

#### SABBATH SCHOOL & BIBLE STUDY

9:30 - 10:45

#### CHILDREN'S CHURCH

11:00 - 1:00 (Ages 6 - 10)

#### DIVINE WORSHIP SERVICE

11:00 - 1:00

Speaker: Pastor Lola Moore

\*Pre-registration for Sabbath afternoon programs is required and will start September 12, 2015 in the church foyer and online.

For more details,  
email: [info@capitolcitysda.org](mailto:info@capitolcitysda.org)  
or call 916-381-5353.

#### SABBATH AFTERNOON PROGRAMS

Speakers: Pastor Norman Knights & Dr. Heather Knights, Kathy Whiteside, Angela Fusilier, and Gayle Lafferty

##### 1. *Celebrate Recovery\**

3:00 - 5:00

Afternoon Program Topics include:

- Coping with Hurt: Healing is Possible.
- Moving forward after the death of a love one.
- The Essential Elements of a Functional Adventist Family.

##### 2. *Screening of "God's Not Dead"*

3:00 - 5:00

How far would you go...to defend your belief in God?

#### SATURDAY SOCIAL AND GAME NIGHT

7:00 - 11:00

Location: Boys and Girls Club  
5212 Lemon Hill Ave., Sacramento, CA 95824

**Food will be available for sale.**

### SUNDAY, September 27th

#### CHURCH FAMILY PICNIC AND BBQ

11:00 - 4:00

Location: William Land Park

## HOME-COM-ING: an instance of returning home.

*continued from page 2*

Juneteenth, which celebrates June 19, 1865, when slaves in Texas were notified of their freedom, is selected as church homecoming time. July and August, though, are the months when most church homecomings occur.

A church homecoming generally includes preaching, singing, and dinner-on-the-ground. The church pastor usually begins the

homecoming with prayer, followed by the congregation singing hymns. After a sermon, it is time for dinner-on-the-ground. Members of the congregation set up tables and fill them with platters of food and plenty of pies, cobblers, and cakes.

Reprinted in part, with permission, from "Church Homecomings." *African-American Holidays, Festivals, and Celebrations*, 1st ed. 2007. Omnigraphics, Inc.

THE CONNECTION

NEWSLETTER STAFF

EDITOR

Beverly McGhee

CONTRIBUTING EDITORS

Giwania Banta

Dorothea Simmons

COLUMNS & FEATURES

Carol Herbert

Karen Higgins, M.D.

Maria Hill

Jeanice Warden-Washington

EDITORIAL STAFF

Jean Doyle

Melody Germany-Wilson

Darryl White

PHOTOGRAPHY

Stacey DeRossett

Jayne Jackson

Beverly McGhee

Michael Parks

GRAPHIC DESIGN

Beverly McGhee

This newsletter is available on our church website:

[www.capitolcitysda.org](http://www.capitolcitysda.org)

If you have problems finding it, please call 916.635.7317

For Announcements, email: [announcements@capitolcitysda.org](mailto:announcements@capitolcitysda.org)

To submit a item for newsletter, email: [communications.leader@capitolcitysda.org](mailto:communications.leader@capitolcitysda.org) or call 916.635.7317

Deadline to submit articles for the next issue - 4th Quarter, Winter 2015:

**November 1, 2015**



6701 Lemon Hill Avenue

P.O. Box 245156

Sacramento, CA 95824

916.381.5353

Fax 916.381.3428

[www.capitolcitysda.org](http://www.capitolcitysda.org)

# About Our Homecoming Keynote Speaker:

## Pastor Lola Moore



Pastor Lola Moore is a native of Elizabeth, New Jersey. She felt the call of God upon her life at an early age and began serving the Body of Christ in various capacities at the Trinity Temple SDA Church where she was raised. She emerged as a leader and change-agent during her matriculation at La Sierra University in Riverside, CA where she graduated with a BA in Religious Studies in 2004. She continued her studies at the Seventh-day Adventist Theological Seminary at Andrews University in Berrien Springs, MI where she earned the Master of Divinity in 2009.

Her full-time ministry began as a Chaplain in Orlando, Florida and Nashville, TN until she was called to Pastoral Ministry in January of 2010 at the Riverside Chapel SDA Church also in Nashville. She was later appointed to Oakwood University Church in Huntsville, Alabama as the Pastor for Worship and Youth Ministries and then as the Senior Pastor of the Maranatha and Emmanuel Churches in Panama City and Greenwood, FL, respectively.

In the Spring of 2014, Pastor Moore added "recording artist" to her list of ministerial roles when she released her debut project, "Believe", allowing her to operate in the fullness of her spiritual gifting.

An anointed singer, preacher and God-directed leader, Pastor Moore has been blessed to minister across the United States and internationally, sharing the love of Jesus wherever He leads. 🙏

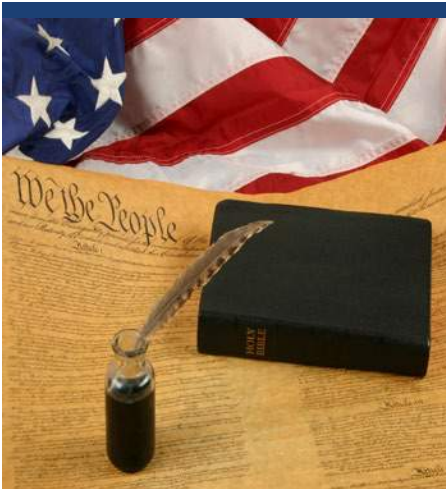
E.G. WHITE ON . . .

## How Shall We Keep the Sabbath

Provided by Giwania Banta

Excerpt taken from "TESTIMONIES FOR THE CHURCH," Volume 2, page 583

*"In order to keep the Sabbath holy, it is not necessary that we enclose ourselves in walls, shut away from the beautiful scenes of nature and from the free, invigorating air of heaven. We should in no case allow burdens and business transactions to divert our minds upon the Sabbath of the Lord, which He has sanctified. We should not allow our minds to dwell upon things of a worldly character even. But the mind cannot be refreshed, enlivened, and elevated by being confined nearly all the Sabbath hours within walls, listening to long sermons and tedious, formal prayers. The Sabbath of the Lord is put to a wrong use if thus celebrated. The object for which it was instituted is not attained. The Sabbath was made for man, to be a blessing to him by calling his mind from secular labor to contemplate the goodness and glory of God. It is necessary that the people of God assemble to talk of Him, to interchange thoughts and ideas in regard to the truths contained in His word, and to devote a portion of time to appropriate prayer. But these seasons, even upon the Sabbath, should not be made tedious by their length and lack of interest...All who love God should do what they can to make the Sabbath a delight, holy and honorable..."*



# Four Important religious liberty cases on trial

*Submitted and compiled by Jeanice Warden-Washington, Religious Liberty Ministry Leader*

*as based on an article series by Mary Reichard of World Magazine*

Posted Aug. 24, 2015, 03:45 p.m.

Several religious liberty cases are making their way through the legal system, many arising from decisions the U.S. Supreme Court has made. While some, like the case of Fox sportscaster Craig James, have made national headlines, others have remained strictly local affairs. But they all have important consequences for First Amendment freedoms in the United States.

James, a former professional football player, ran into trouble when he started working at Fox Sports Southwest. Network executives fired him when they discovered statements he made while running for the Republican nomination to the U.S. Senate in Texas. He said he believed marriage was between a man and a woman. He ended up losing the nomination to Ted Cruz. Earlier this month, James filed a lawsuit against Fox Sports.

“He understands that this is going to touch every single employee across this country. Are you going to be allowed to talk about your faith at work? What about your Bible study you have at your home each week? Are you going to have that come up on your annual review?” said attorney Jeremy Dys of the Liberty Institute.

Another client of the Liberty Institute, Eric Walsh, also lost his job for something he said. When the state of Georgia hired Walsh to run part of its public health system, he told his new employers gay activists were upset

with him over sermons he gave as a lay minister. He, too, had spoken in favor of a biblical view of sex and marriage.

“The COO [of the Department of Public Health] and several of his staff members spent 10 hours reviewing the sermons of Dr. Eric Walsh. And after they reviewed those sermons, the very next day, they fired him,” Dys said.

Walsh brought his claim before the Equal Employment Opportunity Commission. His case is still pending.

Kim Davis is the Kentucky county clerk who refuses to issue marriage licenses to same-sex couples. A federal judge in Kentucky ordered her to do so, but stayed the order pending an appeal. Davis says her faith teaches her that marriage is between one man and one woman, regardless of the Supreme Court ruling that allowed same-sex marriage nationwide.

“The court did not say that a homosexual couple has a fundamental right to receive a marriage license from a specific clerk in a specific county. Nor did the Supreme Court say that these sexual rights trump the First Amendment and trump the religious freedom rights of all Americans,” said Liberty Counsel’s Harry Mehet. Davis has appealed to the 6th U.S. Circuit Court of Appeals to protect her conscience rights.

Other states, such as North Carolina, have enacted legislation to protect same-sex couples who want to get marriage licenses

and allow magistrates with conscience objections to keep their jobs.

“There are alternatives,” Mehet said. “There are remedies and accommodations that the state can and, under the Constitution, must provide to Kim Davis and others like her, and that’s all that she’s asking for here.”

Mehet noted such accommodations are routinely made in other areas, including for medical providers who do not want to participate in abortion.

The last case worth watching involves Pastor Scott Lively, an outspoken advocate for traditional marriage. Lively preached the Christian message about human sexuality in Uganda, a country that banned homosexual practice long before Lively arrived. But a group called Sexual Minorities of Uganda sued Lively in U.S. court and argued his speech was a crime against humanity.

“The theory that is being advanced in this case, that hasn’t received much media attention until now, ... is essentially that anyone who works with any legislature to preserve traditional family values and to oppose the homosexual lobby and expansion of homosexual rights commits a crime against humanity under international law. And that international law trumps the U.S. Constitution and the First Amendment,” Mehet said. “It’s a case that would present some serious threats not just to people who go abroad and speak, but who are engaged in public advocacy on this issue in the United States.”

# HEALTH & TEMPERANCE MINISTRY FIT FEST & Ready Set Move's 1st annual event off to a great start!

Submitted by the Health and Temperance Ministry Team

The Health and Temperance Ministry team is excited to announce that the Capitol City SDA Church's first community wide FIT FEST, in co-sponsorship California Black Health Network, was a great success. We had many church and community members who visited us at this event.



Without vendors, there would have been no FIT FEST. Thanks to Ms. Detrach Williams we had a successful vendor turnout with a total of 42 wonderful vendors, who were more than willing to be part of a community-wide fitness movement. Participants' taste buds had the opportunity to experience various food vendors. In addition to medical screens, informational booths were present to increase your knowledge regarding healthy living, educational material and financial material. Free clothing was given away to support participants' needs, and this was a very busy booth. Most stated "For your first event, you covered a lot of acute preventive areas in health." Next year, we look forward to partnering with more vendors in more acute health areas and widening our scope of what fitness, temperance and healthcare mean to the every day person.



The goal of the Health and Temperance Ministry team is to address some of the healthcare challenges our church and community faces. We want to give people an opportunity to improve their lives by developing programs, hosting events and seminars that bring about awareness, promote health, improve prevention and encourage lifestyle changes. FIT FEST was the launching pad for these goals. The concept of the day was to expose church family



members and individuals in the community to information and activities to promote a healthy, active lifestyle. Those who attended FIT FEST were able to enjoy free health screenings such as: blood pressure checks, blood glucose checks, vision and dental screens. A total of 48 individuals received these specific services and approximately an additional 50 individuals received free vision screens. If you were feeling stressed and overwhelmed, massages, Body ReAlign and Slow Motion Release were available to help with stress release. If you desired a more spiritual focus to address your stress and health needs, the prayer team was present to prayer with those in need. One of the highlights was calculating your percentage of body fat. I understand this vendor

was extremely busy with many of our Ready Set Move members who want to testify to the benefit of coming out and participating in the pre-trials of Ready Set Move every Sunday from 2 to 3 pm.

At the FIT FEST, fitness instructors took the stage and led out in electric workouts that you couldn't help but join in. Participants of all ages and fitness levels worked up a sweat throughout the whole day as we celebrated the gift of health. These demonstrations paved the way for our three-month fall session of READY SET MOVE which commenced in August 2015 and meets every Sunday from 2-3 pm. READY SET MOVE is an energetic event designed to get you moving in an effort to keep our bodies strong. Participants have been challenged and empowered by the weekly workouts. We are looking forward to continuing this fitness journey with those who make the commitment to be a part. Beginning and ending each session with prayer invites the presence of God making our time of exercise truly feel like an act of worship.

At the end of the day, FIT FEST provided an opportunity for the church members to mingle with our neighbors. As we move forward, we must remember the success of Christ method. *"Christ method alone will give true success in reaching the people. The Savior mingled with men as one who desired their good. He showed his sympathy for them, ministered to their needs, won their confidence. Then He bade them, 'follow Me.'"*

We believe that God is going to do great things through the efforts of our church as we work to **"Take Sacramento to the King."**

Thank you all for making our first FIT FEST a success. 🙌

# Soul Sisters – Women’s Conference at Capitol City

Submitted by Women’s Ministries of Capitol City

Women from Capitol City, Appian Way, Stockton Mayfair and other churches were represented at the first annual *Project Reset: Becoming One* Women’s Conference held at Sacramento Capitol City. The conference was an all-day event held on May 6th. It was designed to bring women together and foster an environment of change that would “reset” our concept of sisterhood.

The keynote speaker was Pastor/Chaplain Dilys Brooks, Associate Chaplain at Loma Linda University. Pastor Brooks has a style that is straight-forward and speaks directly to the soul. Her sermon, *Soul Sisters*, taken from Ruth, inspired and encouraged all women in the family of God to strengthen bonds as sisters in Christ. Pastor Dilys reminded us that we as women have shared sorrows, struggles, strength and hope. “He [God] takes the stuff that was meant to break you and makes it a stepping stone for His glory.” A powerful appeal brought women of all ages to the altar for prayer acknowledging our commonalities of sorrows and struggles while releasing those to healing. The concept of the day was that those women that have gone through sorrows and struggles can share and mentor giving strength and hope to ladies needing encouragement. We all need each other to survive.



Pastor Dilys Brooks speaking on *Soul Sisters*.

PHOTOS BY STACEY DEROSSETT



Afternoon presenter Chaplain Nola Grice.



Ladies practicing the exercises Dr. Chandler demonstrated.



Dr. Tanzy Chandler presenting exercises.



Taya Gyorkey speaking on *Resting to Run*.



Ladies in prayer during the appeal.

In addition to Pastor Brooks’ morning presentation, the afternoon presentations featured Chaplain Nola Grice addressing *Breathing Power into Your Prayers*, Dr. Tanzy Chandler presenting *A Healthier You: Mental, Physical and Emotional*, and Taya Gyorkey, RN, MFT addressing *Resting to Run: The Necessities of Refueling*.

“This year’s conference,” says Maria Hill, Women’s Ministries Leader, “emphasized the areas that came back to us by way of surveys. We tried to select areas in which our ladies expressed a desire to grow and we endeavored to provide presentations that would inspire growth in those areas.” Ena Hunter of the Appian Way SDA Church said, “I was blessed by the entire day.” “I enjoyed everything!”

Through the conference, women were able to get information on practical ways to strengthen their prayer lives. Dr. Chandler, through her very transparent testimony, shared that depression is real and offered hope and encouragement. She also gave practical ways to exercise with several weight resistant exercises that were easy to do and physically challenging yet could be done anywhere without equipment. Taya Gyorkey





Some of the participants of the Women's Day Conference.

presented on the importance of balance and refueling in our busy lives. She gave the illustration that just as her brother ran out of gas trying to see how far he could get on a tank of gas before refueling, we do the same in our personal lives. As they say in Africa, "Hurry, hurry, bust pants," meaning we need to slow down and develop a "My God" experience that David expressed in Psalms 18.

A delicious meal was prepared by our illustrious Hospitality Team who spread out a wonderful array of salads that would have

made Martha Stewart take notes. Childcare was also made available during the event.

At the end of the day, the ladies had sung together, prayed together, laughed together, were informed together, and drew closer together. Pastor Brooks concluded the day with *That Tongue: Speaking Blessings on Others*. It was a powerful word on how we as women need to pour into the lives of other women to support, encourage and uplift. Dr. Tolliver followed up with a poignant illustration linking our ladies together

as we stood in a large circle holding an unbroken chain that symbolized becoming one. We purposed through that symbolic gesture that we would not break the links we had created that day. "I felt inspired and challenged," said one sister, "not to allow my link to be broken." "This day was a renewed opportunity to reset our attitudes toward each other and to become one. We received a beautiful and necessary word," said Lori Watkins. "It was an outstanding day," added Sis. Audrey Graham. "I was blessed to spend the Sabbath at Capitol City." 🌸

## PROJECT: HOTSPOT

### *9 Attributes of a Beautiful Woman*

A monthly small group fellowship for women  
Beginning Sept 18<sup>th</sup> | Every 3rd Friday | 7 pm to 9 pm



### ***Hotspot locations***

Natomas – 5 Jamboree Court, Sacramento

Valley High – 7988 Golden Field Way, Sacramento

Arden Arcade – 1851 Kubel Circle, Sacramento

Elk Grove (Hwy 5) – 9232 Mapleview Way, Elk Grove

Elk Grove (Hwy 99) – 9022 Quail Cove Drive, Elk Grove

Folsom/Rancho Cordova – 107 Painted Rock Place, Folsom

Capitol City Women's Ministries

## Women's Ministries Presents Project: Hotspot

**Hotspot ~ A small group fellowship for women. Beginning September 18th, small groups located throughout Sacramento will be meeting every 3<sup>rd</sup> Friday from 7-9 and experiencing fellowship while building deeper relationships. Each group will be discussing the Nine Attributes of a Beautiful Woman as outlined in Beth Moore's study *Living Beyond Yourself*. Hotspot hostesses and great facilitators are in place and ready for you! Learn to have a greater intimacy with God and live beyond yourself with the help of the Holy Spirit. Get "plugged-in"!**

# Reconnecting Members Ministry Spotlight

## Relationship Concepts to Remember

Written by Carol Herbert, Reconnecting Members Ministry Leader

### 1. Why do people leave the church?

Many people leave the church because of personal pain from life events and a lack of support from church members.

### 2. Do you think missing members want to share their stories?

Missing members want to share their stories about what happened and why they left.

### 3. Can you give those who are hurting time to heal?

Most hurting people need time to heal, time to know the church wants them back, time to rebuild relationships, and time to grow again in their relationship with the church.

### 4. How comfortable are missing members with active members?

Most inactive members would rather meet with another member. The longer a person has been away, the more relational care he or she needs to be ready to come back. Some have found that when working with inactive members, there is a correlation of one visit for every year they have been out of the church before they will return to church. It is a revealing reminder to the active members to never give up on our missing members.

### 5. Why should we care about our missing members?

Most people respond to personal care rather than someone's ideas about why they should be back at church.

We want to encourage our members to keep praying for our missing members. Please lift them up in prayer at least twice a day. Our specific prayer is that they would prosper spiritually, physically, mentally, and socially. Solicit prayer for the souls for whom you labor, present them before the church. Objects for the Supplication... "MM 244



# Event Calendar

## SEPTEMBER

- Sept. 5 **Baptism**
- Sept. 13 **Movie Night – “War Room”**  
Century Laguna 16  
9349 Big Horn Blvd., Elk Grove  
*Time to be announced*
- Sept. 19 **Hopeville Church Rally**  
Plan to spend the day in flyer distribution\*, prayer, training and preparation.  
*\*Bring comfortable footwear.*
- Sept. 25 **Homecoming:**  
Friday Night at 33rd Street
- Sept. 26 **Homecoming:**  
Sabbath at Lemon Hill Ave.
- Sept. 27 **Homecoming:**  
Picnic at William Land Park

## OCTOBER

- Oct. 9-10 **NCC African-American Convocation - Stockton, CA**
- Oct. 23-31 **Hopeville: First Week**  
Powerful anointed preaching, dynamic music and more.  
*No meetings Tues. or Thurs.*
- Oct. 31 **Hopeville:**
- Baptism at morning program
  - Special Evening program for Kids

## NOVEMBER

- Nov. 1-7 **Hopeville: Final Week**  
Powerful anointed preaching, dynamic music and more.  
Baptism on Sabbath 11/7  
*No meetings Mons., Tues. or Thurs.*

## DECEMBER

- Dec. 26 **Christmas Program**

## How to get announcements into the church bulletin:

Email announcements to

**MARGRIETTA GETER**

**church secretary / office manager  
at the following email address:**

**[announcements@capitolcitysda.org](mailto:announcements@capitolcitysda.org)**

**ALL announcements need to be emailed  
no later than Tuesday at 2:30 pm**

**All other email,  
including requests to reserve rooms  
or dates, should be sent to :**

**[office.manager@capitolcitysda.org](mailto:office.manager@capitolcitysda.org)**

# SAVE THE DATE

CAPITOL CITY SEVENTH-DAY ADVENTIST CHURCH

## Married Couple's Retreat 2015



THE CLIFFS  
RESORT

[www.CliffsResort.com](http://www.CliffsResort.com)

**November 13th - 15th**

*First workshop begins Friday evening at 6:00 PM*

**Includes 4 Workshops and a Special "Date Night"**

**The Cliffs Resort** — Pismo Beach, California  
2757 Shell Beach Road, Pismo Beach, CA 93449  
Visit [www.CliffsResort.com](http://www.CliffsResort.com) for [Virtual Tour!](#)

**COST:** \$499 if paid by July 1st (early bird payment)  
— After July 1st pay \$550

Includes: 2 night stay, breakfast on Sabbath, and Sunday and Sabbath lunch

Deadline for Payment: **September 15, 2015**



### PRESENTERS:

**PASTOR DAMIAN & SIS. TANZY CHANDLER**  
*Senior Pastor & First Lady — Capitol City SDA Church*

**PAYMENT:** Make checks payable to "Capitol City SDA Church for (Couple's Retreat 2015)." Mail payment to Capitol City SDA church at P.O. Box 245156, Sacramento, CA 95824. Payment can also be made online through "Online Giving" at <http://capitolcitysda.adventistfaith.org/online-giving-options>.

For more information or for questions, please contact Joe & Wendy Erby at [josepherby@sbcglobal.net](mailto:josepherby@sbcglobal.net) or call (916) 412-6684. Please note: Space is limited, so make your reservation soon!

A HEALTH & TEMPERANCE MINISTRY  
AND  
WOMEN'S MINISTRIES PARTNERSHIP



## SUPPORT GROUP



Loss can be a lonely and painful journey and we want to support you through this process, so we have delayed starting the Grief Support Group until the 1st Sunday in October (10/4/15). We know that several church family members have suffered losses and we want to give you an opportunity to receive much needed support. The facilitators of this group will be Patricia Charles-Heathers, Ph.D., and Karen Higgins, M.D. Dr. Charles-Heathers serves as El Dorado County's Assistant Director of Health Services, oversees Mental Health and Public Health and has worked in Behavioral Health for 30 years. She has been a Professor at CSUS for 15 years and Group Process is one of the classes she teaches. Dr. Karen Higgins works for Western Sierra Medical Clinic as a consulting Psychiatrist, where she works with and treats individuals suffering from mental health conditions and consults and coordinates care with primary care and specialty providers. She has worked in the field of mental health for 25 years and has co-hosted several groups.

The group will meet on the 1st and 3rd Sundays of the month from 12:30 pm to 1:30 pm at the Capitol City SDA Church, beginning in October through December 2015 (10/4, 10/18, 11/1, 11/15, 12/6, 12/20). Please submit any questions to [health@capitolcitysda.org](mailto:health@capitolcitysda.org) or speak with Karen Higgins, Patricia Charles-Heathers or Maria Hill for more information regarding the details of this group. The group will be limited to 15 individuals and we need a minimum of 8 members to move forward. We are here to support you.

CAPITOL CITY SDA CHURCH PRESENTS

# HOPEVILLE

IN A WORLD OF CHAOS THERE IS A CITY CALLED HOPE



**SENIOR PASTOR  
DAMIAN CHANDLER**

MICHAEL PARKS PHOTOGRAPHY

**STARTS** **OCTOBER 23**  
**7:00PM**

FREE BIBLE STUDIES

**Hopekids**

**KIDS PROGRAM!**



**6701 LEMON HILL AVE.  
SACRAMENTO CA 95824**

**FOR FURTHER INFORMATION AND TO REGISTER VISIT OUR WEBSITE AT:  
[WWW.CAPITOLCITYSDA.ORG](http://WWW.CAPITOLCITYSDA.ORG) OR CALL 916-381-3428 OR EMAIL: [INFO@CAPITOLCITYSDA.ORG](mailto:INFO@CAPITOLCITYSDA.ORG)**