

THE CONNICTOR

Keeping You Connected with the Capitol City Church Family!

A Quarterly Newsletter published by the Capitol City Seventh-day Adventist Church

Vo1. 2, Issue 2 — Summer 2016

Spiritual Sponsorship Ministry Planting Roots

Growing in the Body of Christ!

By Angela Fusilier - Spiritual Sponsorship Ministry

ust as in the natural world with new born life, the first year of a new born spiritual member is most critical. It is extremely important that new members immediately begin to feel a part of the church family and quickly find their place in the service and ministry of God's church. For this reason Capitol City SDA Church has established a spiritual guardian/mentorship ministry to support our new members. The goal of this ministry is to aid each new member in deepening their relationship with our Heavenly Father and the family of God. Scripture makes it clear that fellowship is priority when setting up roots in faith communities. (Ephesians 2:19, Now therefore ye are no more strangers and foreigners, but fellow citizens with the saints, and of the household of God; KJV)

Within the Spiritual Sponsorship ministry volunteers have made a commitment to God and the body of Christ to uplift, encourage, and nurture newly baptized/











Watering new members **1** Tomisha Pickett, **2** April Walford, and **3** Joy Smith with Showers of Love.

new members of the Capitol City Church fellowship. The Spiritual Sponsorship Ministry teams consist of a wonderful group of Christians looking for ways to bless others. We would like to acknowledge the church at large for your continued











Tomisha Pickett with son James.

prayers and support of the goal to be a safe and loving place for spiritual life to blossom and produce fruits for the Kingdom of God.

New members to CCSDA are affirmed in their role as a newly born Child of God with Ephesians 2:19, joining "the household of God". When one is born of

continued on page 2

Spiritual Sponsorship Ministry

continued from page 1

God, you not only receive a new Heavenly Father, you also come into new relationships with many earthly brothers and sisters-those who, like you, have put their faith in the Lord Jesus Christ. Sponsors are approved through the Elders board to work on the Spiritual Sponsorship Team. Team members are prepared to:

- Be available for prayer
- Visit with new members
- Provide transportation
- Help integrate new member to church culture
- Provide resource information for Christian living
- Be a friend
- Be transparent, freely sharing personal spiritual journey
- Be encouraging
- Be ready to assist
- Be a good example, a Model of Christ
- Be patient! Remembering we are ALL a work in progress
- Reflect God's love and nurture spiritual growth

On behalf of the Spiritual Sponsorship Ministry team I would like to thank CCSDA for your consistence support of our new members. In these first months







Joy Smith with her visiting family.

of ministry it has been our pleasure to nurture three of our new members with a shower of love for their new born children. The ministry has hosted a wonderful fellowship luncheon at the home of Pastor Damian & Tanzy Chandler. Also every newly baptized member has been invited to a specially prepared fellowship meal at the church in their honor. Other plans for the care, nurture, and support of our new members includes a spiritual gifts inventory session, ongoing bible study sessions, and various outreach efforts as the needs occur. We ask for your continued prayers on behalf of our new members as we share the Love of Jesus to our fellow believers.



Tenesha Thomas with Angela Fusilier.

BAPTISMAL CANDIDATES









Morven Liburd

New Members Fellowship Luncheon at the pastor's home.













Nancy Drake & Pastor Damian Chandle



The story is told of an accident that took place on a very busy highway and two elderly people were hurt. Many individuals stopped to help them. A dog was also in the vehicle who was hurt. It ran down the freeway. Several men tried to save the dog. The first man got hurt, the second man got bitten, and the third man said I will approach this differently so he used a blanket to catch the dog, cuddled it, and gave it to someone to take care of it. Missing members who are disconnected from the church body may be feeling some pain and feel unsafe so we must show sympathy for they are God's children. Let's continue to reach out and pray for them.



NEWSLETTER STAFF

EDITOR

Beverly McGhee

COLUMNS & FEATURES CONTRIBUTORS

Kwasi Donkor Angela Fusilier Carol Herbert Maria Hill Dorothea Simmons Judith Young

EDITORIAL STAFF

Giwania Banta Allana Chambers Darryl White Kathy Whiteside Melody Germany-Wilson

PHOTOGRAPHY

Stacey DeRossett Jayne Jackson Michael Parks

GRAPHIC DESIGN

Beverly McGhee

This newsletter is available on our church website:

www.capitolcitysda.org

If you have problems finding it, please call 916.381.5353

For Announcements, email: announcements@capitolcitysda.org

To submit a item for newsletter, email: communications.leader@capitolcitysda.org or call 916.635.7317

Deadline to submit articles for the next issue - 3rd Quarter, Fall 2016: SEPTEMBER 1, 2016



6701 Lemon Hill Avenue P.O. Box 245156 Sacramento, CA 95824 916.381.5353 Fax 916.381.3428 www.capitolcitysda.org

CCSDA Women's Ministries on the Move!

1st and 2nd Quarter Highlights — Submitted by Women's Ministries Team (Nadia Butler, Michelle Husbands, Lori Watkins and Maria Hill)



Ladies Bowling Night

Ready, Set, Bowllllllll and bowl they did! The ladies of Capitol City showed up on the rainy Saturday night of March 12th, 2016. Some came with their own bowling balls, others with an entourage and all with big smiles in anticipation of the fun ahead. The weather outside did not dampen the spirits and the ladies' creativity showed in the names and props they selected for their teams.

We had the *Spice Girls, Striking Women, Odd Balls, Sister Stars, Capitol City Jubilees*& *Spare Rack.* Some of the ladies used this opportunity to invite other women from the community, facilitating new relationships while strengthening bonds already forged.

Let's not forget that bowling is a competitive sport and some of the ladies were "all in". From their precise bowling strut as they approached the lane, to the perfect back-leg swing and release of the ball—it was a sight to behold! At the end of the night, teams were given prizes for various areas but the top prize was the robust sounds of laughter, cheers of encouragement and the chatter of conversation among the ladies.



CCSDA Women's Ministries on the Move! - 1st and 2nd Quarter Highlights - Continued from page 4



Hats, Heels, and Hugs Prayer Brunch

On Sunday, April 17th, fifty beautiful women converged on the Double Tree Hotel in Sacramento to a Hat, Heels and Hugs Prayer Brunch hosted by the Women's Ministry of Capitol City. "The prayer brunch was a serene morning that gave the women of Capitol City physical and spiritual food," recollected Marnel Goins.

The theme was "Spicing up Your Prayer Life" with guest speaker, Sr. Audrey Weir-Graham who did a phenomenal job with her talk entitled "Keep on Praying". Her words both challenged and encouraged our ladies to persevere, push, persist, and have patience when we pray.

Sr. Graham shared her Problems for Jesus Box in which she places all of her prayers that are too big for her to handle. Once her requests are in the box she cannot take them back! They are for Him to solve! Sr. Brenda Peeler "preached" a prayer over the prayer boxes in which she thanked God in advance for what He will do for us and those challenges.

Dr. Ella Tolliver presented a beautiful analogy in which she cleverly demonstrated how spices used wisely could emanate an amazing aroma which punctuating the fact that our prayers are also a sweet incense unto the Lord. Sr. Nadia Butler spent a few moments unfolding Ten Prayer Spices one could use to "spice up" their prayer life. A few favorites were Lunch Box Surprise, Divine Date and Prayer Business Cards.

The brunch ended with "corner prayers" where the ladies retreated to various corners of the room to pray with partners



for family, relationships, past hurts, fears, and focus. The prayers were intermingled with corporate prayers led by Sr. Ambria

Alston, Sr. Monica Clements-Perkins, and Sr. Michelle Husbands.

Continued on page 6

CCSDA Women's Ministries on the Move! - 1st and 2nd Quarter Highlights - Continued from page 5



Judith Young commented, "I was most impacted by the amount of women coming together to pray over specific things in our lives, then given a prayer box to bring our requests to Jesus every day. May God continue to bless the Women's Ministry."

Kelli Angus reflected, "I saw the prayer breakfast as a blend of elegant social rejuvenation and spiritual elevation. The atmosphere was great, the food was delicious, speaker and presentations were excellent... I felt a wonderful bond as we participated in lifting each other in prayer. It was personal yet non-invasive. The gifts we were given to take home were wonderful reminders of the elegant brunch and the lessons learned. I would love to see this done again!"

Women's Day

Once again Pastor Dylis Brooks brought it! We are "Woman Enough" and valuable in God's eye. Pastor Brooks blessed us in



Pastor Dylis Brooks, Keynote Speaker







Allison Williams



Nichole Thomas

CCSDA Women's Ministries on the Move! - 1st and 2nd Quarter Highlights - Continued from page 6

the morning and afternoon. It was interrupted only by a delicious meal prepared by our Hospitality Ministry. Once again they out-did themselves! "How Excellent" as sung by Sr. Alivia Brewer set the tone as we left marveling at God's excellence and his handiwork. Us!



Pastor Damian & Sis. Tanzy Chandler



Alivia Brewer, Guest Soloist



Allana Chambers, Media & Program Director

The recipient of the **2016 Making a Difference Award** was Allana Chambers for her outstanding work with the youth of our church and for her tireless efforts and contributions to enhancing our worship experience. Thanks Allana!



Women's Ministries Program Participants: (Front row left to right) Maria Hill - Leader, Beverly Witherspoon, Tanzy Chandler, Pastor Chanda Nunes, and Pastor Dilys Brooks - Keynote Speaker. (Back row left to right) Karone Jackson, Nichole Thomas, Allison Williams, Nadia Butler, Brenda Peeler, Ambria Alston, and Allana Chambers - Honoree. (Not pictured) Michelle Husbands, Alivia Brewer, and Tenesha Thomas.

HotSpot Wrap Up

After nine months of wonderful Hotspot gatherings of Bible study and fellowship for women throughout Sacramento County, all six Hotspots gathered together for a final Hotspot event. This special Hotspot was planned around Beth Moore's Living Beyond Yourself – a study over the "Fruit of the Spirit".

When the women arrived, each was given a card with a thought-provoking discussion question designed to activate a review of all the fruit. Displayed nearby was a colorful fruit salad, sandwiches and other food items nicely arranged in Capitol City's newly renovated Junior/Earliteen room. Not only were the women treated to a beautiful table backdrop, but the room was remarkably transformed to look and feel like a homey living room setting.

After an enjoyable meal and fellowship, the evening included five presentations that highlighted lessons learned regarding the Fruits of the Spirit. Each presenter invoked thoughtful reflection in their unique styles, and each encouraged



us to continue to grow in God's spirit realizing that every fruit we discussed is the embodiment of all that Jesus is! The event ended with us all feeling inspired and energized to partner with the Holy Spirit to continue developing our spiritual fruits. As a practical memento, all the women were given fruit-smelling hand soaps as a reminder of how much sweeter our life can be if we let Jesus bear His fruit in us!

Sidewalk Sabbath • April 30, 2016 — Submitted by Missions Ministries Team

have always wondered who Jesus would be if He still lived here on earth? Where He live? Would he be a politician, a baker, a surgeon? How would He minister. Would he preach, be a deacon or a praise and worship leader? To tell the truth, I really don't know. All of the above are worthy endeavors. What we do know is, whatever His profession or His ministry, Jesus would have been in business of serving people in need. Throughout scripture, we see Jesus answering the needs of people all types of needs. From turning water into wine at a wedding to raising a child to life. Healing the blind to providing bread for the hungry. Isaiah 61:1 suggest that this was his mission, his life's work.

On April 30th, the Capitol City SDA Church joined in on the mission of Jesus and we got out of the walls of the church and served the community in creative and meaningful ways. The over 100 volunteers touched the 4 corners of the city—from Rancho Cordova to Broadway Avenue right here in Sacramento. "They got active in *Taking Sacramento for the King*."

By Pastor Damian Chandler

Salvation Army Volunteer Projects

Working with Salvation Army was a good experience. Capitol City SDA Church members volunteered at four locations. During the planning stages for the volunteer projects, James and I rode in this sporty vehicle, visiting the various project sites with volunteer coordinator Lachresha Mason.

By Dorothea Simmons

Salvation Army Transitional Living Center

Our Sidewalk Sabbath at the transitional housing facility was a really great success. We had about 20 people, Pastor Chandler and family included, where we painted doors to a bright fresh white. Which made such a great difference. Our support team jumped right in and took off running to the point some of the children that lived at the facility got involved and helped with the painting process. They were very excited

















about making their place look just a little bit brighter. This was something where you took a step back at what had just taken place and really felt good about the outcome. Members were suggesting that we take on another project and do this again.

By James Simmons

Salvation Army Family Distribution Center

Here is what a phenomenal day the Capitol City Sidewalk Sabbath produced. I, Morven, was in charge of a terrific group of energetic and determine volunteers. We went to the Sacramento Salvation Army Food Pantry warehouse to separate, assemble, and stack boxes. We had 7 people sign up with 1 no show

Sidewalk Sabbath • April 30, 2016 - Continued from page 8















and 2 dropped out. However, with our pastor's preached service, there was a renewing of energy and dedication to the cause of *Taking Sacramento For The King*. Because of such a moving and understanding of the Sabbath, there was an overflowing of volunteers to the warehouse. I had an influx of 27, yes 27 eager and willing volunteers to be a helping

hand at the warehouse. With the mass help, the food warehouse team being a well-oiled machine knocked out and finished early because of the help. The Salvation Army team were overjoyed by our support for helping the needy.

By Morven Liburd

Salvation Army Center of Hope Shelter

The community service day was an opportunity for those in our church body to reach out into the lives of the least of these and share the blessing of Fellowship. The group I was involved with went to the Center of Hope shelter on the Salvation Army compound. The ten individuals who participated with me had a chance to prepare seed and serve as well as encourage 228 residence in their lunch time meal. Many of the things that we noted were the reactions of the people. One of the things that they appreciated was that we took the time to meet their needs. Making sure their drinks were full, as well as their plates and also to provide them with adequate seating. We were extremely fortunate because these men and women who are often rejected, excluded and omitted from society had an opportunity to experience the love, the tender mercy and the kindness that comes with a simple gesture of service. I want to congratulate my team and I want to thank the mission team for giving us an opportunity to reach out and touch those in our community.

By Bro. Phillip Matthews

Salvation Army Citadel Community Center

Sidewalk Sabbath at Capitol City was quite the experience and also a success. The participation was awesome, and the joy of knowing that God's hand was in it was an even greater feeling.

I volunteered my time to Citadel, a component of the Salvation Army. Citadel is a place where the youth can come and participate in after school programs. I was there with a group from Capitol City, and our volunteer project was painting their break room and one of the hallways. While there, we met another young lady who was also there volunteering her time to help paint.

It was a fun experience. Kevin, our contact, was very nice and made sure that we were supplied with everything that we needed. He was grateful for what we did,

continued on page 10

Sidewalk Sabbath • April 30, 2016 - Continued from page 9



and because of his gracious hospitality, I offered to volunteer my time to Citadel again for any future needs. Knowing that I'm doing the Lord's work to help others in need is a satisfaction within itself; no greater feeling like it.

By Margrietta Geter

Daycare Center at Citadel

Enjoyed the time spent in the garden with Sis. Shelby. We worked in the hopes that our small gift of time and effort may facilitate the children's interest in resuming their gardening and even perhaps discover God through nature.

By Maria Hill

Gramercy Court Nursing Home

Sidewalk Sabbath was an amazing experience for our group that went out to Gramercy Court Nursing home. Our group included nine volunteers. We ministered to, prayed with and read to residents in the facility. Most of which were shut-ins or bed bound patients. We all received positive feedback from the

Sidewalk Sabbath • April 30, 2016 - Continued from page 10



















activities director and the patients. The facility is always in need of volunteers especially on Sabbaths between 1pm – 3 pm. Christopher (activities assistant) is available for contact and will provide a brief orientation for those interested in continued visits.

By April Walford

Capitol City SDA Fellowship Hall

Over 40 people, including Pastor Chanda Nunes, stayed at church to work on a variety of exciting hands-on projects.

Sister Maple Avery, Sister Jean Doyle, and Sister Frances Johns skillfully designed colorful neck warmers for seniors that many helped to creatively embellish on site. Others chose to work in groups assembling items for a total of 100 sets of 7 envelopes each enclosed with a unique activity or surprise and a scripture. One envelope held bubble wrap and a balloon for stress filled days, another had lemonade packets and honey to uplift those who felt like life had just handed them lemons.

Some members worked diligently on medicine bottles for scripture promises by rolling up small strips of Bible verses and inserting them into empty pill capsules. Sister Geter created a special RX label for the bottles to let people know that Dr. Jehovah Jirah had specially ordered their prescription.

In addition to these creative activities, 2 other special projects were worked onmen's clothing, that was kindly donated, were sorted to give to Salvation Army and beautiful blue organza bags were filled with winter mints for our church guests to receive, along with a small welcome card, designed by Pastor Chandler.

At the end of a wonderful time of fellowship and teamwork, every participant was given the opportunity to take a neck warmer, a set of cards, and prescription promise pills out to the people within their own community circle!

by Lori Watkins

There were several other projects, serving the homeless community at Loaves and Fishes, and canvassing the Lemon Hill neighborhood handing out Community Service Food Bank Flyers. All in all, it was a good day to serve our community and God. A special Thank You to the Hospitality team for providing lunch for 150 volunteers! And Bro. and Sis. Parks for photography.

Mission Ministry Council

...And then we had ice cream!

Mission Ministry needs your ideas for the next Sidewalk Sabbath on July 30. We will focus on indoor projects. Please send your volunteer project suggestions to mission@capitolcitysda.org. Thank you!

Capitol City Chargers PATHFINDERS CLUB

by Judith Young, Capitol City Chargers Pathfinder Club









The pathfinder ministry is a club within the Seventh-day Adventist World Church. We are thankful that God has blessed the Capitol City SDA Church to have one of the leading clubs in our conference, for over 40 years. Our club has been mentoring youth between the ages of 9 to 18 years old. The club is structured to assist in developing our youth physically, mentally, and spiritually. We do so in many fun and creative ways, like camping, hiking, learning about God's creatures in nature, attending world camporee, arts and crafts, and the amazing stories of the Bible. The youth also learn leadership skills, self control, and respect for one another.

We also go into our church community and give out literatures, feed the homeless, assist in collecting can food for the food pantry, and food banks for needy families. Most importantly, our youth learn to share the LOVE of Jesus Christ to our community.

Parents, if you have youth within the 9 to 18 age group, we welcome you. If you would like to volunteer, you are also welcome we need you. Church family, we LOVE you and thank you for all the years of continuous support through prayers, donations, time, encouragement, and love. May GOD continue to bless our church, as we continue to minister to our youth!

CAPITOL CITY SDA CHURCH emon Hill Avenue

Event Calendar

JULY: Baby Dedication -

Oche' Gaither July 09 Reconnecting Members Ministry -Saturday Evening Social July 09 Caribbean Banquet..... July 16 Sidewalk Sabbath July 30 Expungement Clinic July 30 AUGUST: To be Announced..... SEPTEMBER: Holy Communion..... September 17

For more information, check the weekly bulletin or visit the church website.

Skate NightOctober 01

OCTOBER:

Renovation, a reality at Capitol City

"And whatever you do, do it heartily, as to the Lord and not to men" - Colossians 3:23 by Renovation Committee

We rolled up our sleeves and prepared for perhaps the most ambitious renovation undertaking in decades at the Sacramento Capitol City SDA Church. What started out as discussions filled with ideas, visual concepts, robust debates and much prayer, blossomed into multiple interviews with architects, designers, and contractors. Leading to multiple projects, timelines, and most importantly, action. Everything had to be coordinated with the utmost precision. Every construction detail and impact on the church membership had to be anticipated, so that church life could continue with minimal interruption.

On the night of April 23, 2016, the church family mobilized and set into motion what

would be the next phase of the renovation project. Who would have thought scraping popcorn texture off ceilings would be challenging and messy, but we had fun doing it.

Today, you now see the fruits of our collective labour:

- · New flooring,
- Fresh new paint and accent walls in the classrooms,
- New doors,
- · Cleaner indoor air, and
- Restrooms under construction

We would like to take this time to thank the church family and guests for being patient during this process. We solicit your prayers and support as we continue on this journey to refresh and revitalize God's house.

How to get announcements into the church bulletin:

Email announcements to church secretary / office manager at the following email address:

announcements@capitolcitysda.org

ALL announcements need to be emailed no later than Tuesday at 12:00 noon.

All other email, including requests to reserve rooms or dates, should be sent to:

office.manager@capitolcitysda.org